



1st ed. 2017, X, 460 p. 7 illus., 4 illus. in color.

 **Printed book****Hardcover**

- ▶ 219,00 € | £163.00 | \$249.00
- ▶ \*234,33 € (D) | 240,90 € (A) | CHF 240.50

 **eBook**

Available from your library or

- ▶ [springer.com/shop](http://springer.com/shop)

 **MyCopy**

Printed eBook for just

- ▶ € | \$ 24.99
- ▶ [springer.com/mycopy](http://springer.com/mycopy)

K.D. Michael, J.P. Jameson (Eds.)

**Handbook of Rural School Mental Health**

- ▶ **Facilitates awareness and integration of best practices in rural school-based mental health programs**
- ▶ **Synthesizes the recent evidence-based research**
- ▶ **Examines the implementation, practice, evaluation, and sustainability of rural school mental health from the perspectives of multiple stakeholders**
- ▶ **Addresses important issues in rural school mental health, including suicide prevention, autism, bullying, and substance abuse**

This handbook offers a comprehensive overview of school mental health (SMH) initiatives in rural areas in the United States, as well as in Canada and Australia. It offers clinical and administrative guidelines for innovative and effective programs addressing critical problems among rural youth and in areas where funding and resources are scarce. Chapters cover program development, implementation, sustainability, and evaluation; consider issues of community and policy support; address barriers to access and delivery; and debunk misconceptions about the region and its cultures. Chapters also discuss rural SMH applications relating to special populations, including students with autism, depression, anxiety, bipolar disorder, conduct disorders, and ADHD. In addition, the book examines the potential of school-based programs as a counter to the stigma and distrust of mental health services common to the region.

Topics featured in the *Handbook* include:

- The value of rural SMH from an educator's standpoint.
- Preventing suicide among students in rural schools.
- Substance abuse in rural school settings.
- Bullying and cyberbully among rural youth.
- Intergenerational patterns of mental illness in rural settings and their relevance for SMH.
- The importance of involving communities in culturally competent rural interventions.

The *Handbook of Rural School Mental Health* is a must-have resource for researchers, scientist-practitioners, and graduate students in child and school psychology, educational psychology, social work/counseling, educational policymakers, pediatrics/school nursing, teaching, and teacher education.



Order online at [springer.com](http://springer.com) ▶ or for the Americas call (toll free) 1-800-SPRINGER ▶ or email us at: [customerservice@springer.com](mailto:customerservice@springer.com). ▶ For outside the Americas call +49 (0) 6221-345-4301 ▶ or email us at: [customerservice@springer.com](mailto:customerservice@springer.com).

The first € price and the £ and \$ price are net prices, subject to local VAT. Prices indicated with \* include VAT for books; the €(D) includes 7% for Germany, the €(A) includes 10% for Austria. Prices indicated with \*\* include VAT for electronic products; 19% for Germany, 20% for Austria. All prices exclusive of carriage charges. Prices and other details are subject to change without notice. All errors and omissions excepted.