The Collaborative Conference on Rural Mental Health (CCRMH) is an annual event dedicated to promoting research, practice, and training issues unique to mental health services in rural areas. The 5th annual CCRMH has something for everyone. In addition to our usual array of outstanding paper and poster presentations and roundtables, we are excited to have two additional offerings this year. First, the North Carolina Psychological Association’s Legislative Committee Chair, Dr. David C. Wiesner, will present a workshop on legislative advocacy for rural mental health professionals. Second, Jonathan S. Abramowitz, Professor of Psychology at UNC-CH and current President of the Association for Behavioral and Cognitive Therapies, will give an address reviewing cutting edge research on exposure-based treatments for anxiety. We are honored to have both of these speakers at CCRMH this year!

**Conference Location**

**Location (Please note there are different locations for Thursday and Friday):**

Thursday, CCRMH will be held in Beacon Heights room of Plemmons Student Union, located in the center of campus at ASU.

Friday, CCRMH will be held in Room 421 of Belk Library and Information Commons (across the small plaza from the University Bookstore’s Main Entrance)

[Click here to see Plemmons Student Union and Belk Library and Information Commons on a campus map.](#)

**Parking:** All-day parking is available at the Rivers Street Parking Deck for $5.00. The deck is approximately a 3-minute walk from Plemmons Student Union. [Click here to see the Rivers Street Parking Deck on a map.](#)

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Conference Agenda

Thursday, April 9th, 12:00-5:00
*Beacon Hill Room, Plemons Student Union*
12:00-12:30: Welcome

12:30-1:30: Intimate Partner Violence: Cultural Context and Policies versus Practice; Peggy Cantrell, Sarah Hill, & Laura DeLustro, East Tennessee State University

1:30-2:00: Psychological Health and Academic Success in Rural Appalachian Adolescents Exposed to Sexual and Physical Violence; Denise M. Martz, John Paul Jameson, & Amy Dellinger Page, Appalachian State University

2:00-3:00: Meeting the Needs of Returning Rural Veterans: The Roles of Mental Health Professionals in the VHA, Academic Settings, and the Armed Forces; Kelly Gauble, Valerie S. Leake, & Tim Olsen, Lexington VA Medical Center

3:00-3:15: Break

3:15-3:45: Getting Connected: Implications for School Connectedness in Rural Adolescents' Mental Health; Marisa Schorr, Morgan N. Brazille, Stephanie Lichiello, John Paul Jameson, Kurt D. Michael, Appalachian State University

3:45-4:45: Roundtable: Encouraging Students to Think Outside the Clinical Box; Chair: Marianna Linz, Marshall University; Discussants: Keith Beard & Penny Koontz, Marshall University; Kelly Gauble, Lexington VAMC; Peggy Cantrell, East Tennessee State University; Ruth Riding-Malon, Radford University; Lisa Curtin, Appalachian State University

Friday, April 10, 8:30-4:30:
*Room 421, Belk Library & Information Commons*

8:30-9:30: Coffee & Poster Session

9:30-10:00: A Workforce Shortage in Rural Pediatric Primary Care: Limited Behavioral Health Consultants in ADHD Management; Dannel K. Petgrave; Jodi Polaha, Mary Ann Littleton, & Andrea D. Clements; East Tennessee State University

10:00-12:00: Special Workshop: Becoming a Better Legislative Advocate for Your Profession; David C. Wiesner, Ph.D., NC Psychology Association

This presentation will help the participant (1) explore any barriers they may have in advocating for their profession, (2) develop knowledge and skills to advocate legislatively, and (3) to develop a personal plan to increase or improve their professional advocacy efforts.

12:00-1:35: Lunch in Downtown Boone

1:35-2:35: Developing and Sustaining Rural Training Sites: Successes and Challenges Chair: JP Jameson, ASU; Discussants: Marianna Linz, Marshall University; Peggy Cantrell, East Tennessee State University; Ruth Riding-Malon, Radford University; Kurt Michael, Appalachian State University

2:35-2:45: Future directions for CCRMH

2:45-3:00: Break

3:00-4:30: Exposure Treatment of Anxiety: State of the Art; Jonathan Abramowitz, UNC-Chapel Hill & Current President, ABCT; Talk sponsored by Appalachian State University Department of Psychology Psi Chi Chapter. *Talk to be held in Library Room 114.*

Registration: Once again, CCRMH is FREE for all to attend, but we request you register by 3/25. You can access the registration form by clicking here.

Lodging:
- Country Inn & Suites 828-264-4234
- Fairfield Inn & Suites 828-268-0677
- Holiday Inn Express 828-264-2451
- Hampton Inn 828-264-0077
- Marriott Courtyard 828-265-7676